

Life After Rossie

Leaving Rossie may be a scary experience; we aim to make this time as straightforward as possible by including them in all plans and providing them with information and support throughout their transition.

When a young person arrives, we provide an information sheet which is filled out during the course of their stay. This contains information a young person may need after leaving such as their Scottish Qualifications Authority number, National Insurance number, bank details, support contacts and help-lines, and how to apply for things such as a passport or a birth certificate. The young person takes this information, along with all the work they have completed, with them when they move on from Rossie.

Our young people are encouraged to create and update a memory book of their experience at Rossie. These are tangible memories for our young people to remember as a positive experience.

“I view my time in Secure as a rebirth. I was given the chance to let go of all my responsibilities from home and focus on myself. To have been given the opportunity to learn how to live my life again is very much appreciated.”

Young person



New Beginnings

At the request and suggestion of our young people, we have developed a 'New Beginnings' bag to take away when moving on.

The bag contains goodies and items such as a 'Goodbye' card, photos of Rossie and colouring books and pencils to remind our young people of their experience here. Other items such as a useful numbers list, tips for safety, Skills Development Scotland information, details on careers websites, and details of our Throughcare Aftercare Facebook page are also included in the bag.

We love to hear how our young people are doing after they leave us and we are often provided with their stories via our Throughcare Aftercare Facebook Page.



Throughcare at Rossie

We support our young people throughout their living experience at Rossie, and beyond. Throughcare is the continuing support of young people who may soon be moving on to live more independently. We work with each young person to help improve decision making skills for their future. They help to develop a plan specific to the young person's individual needs, focusing on life skills, health and wellbeing, career and education paths, and rights and responsibilities.

We provide additional education in subjects such as practicing internet safety, sex education, managing money, managing tenancy and accommodation, and health and wellbeing. This enables us to encourage and support our young people in their own learning, helping them to make better decisions for their futures and to succeed in their communities.

We have combined our expertise with local authority Throughcare Aftercare services to provide a streamline approach that is in line with Pathway Planning – a statement for how the Local Authority is supporting each of our young people.

Young Person's Throughcare Journey

At the start of a young person's Throughcare journey, we make them feel welcome and ensure they know that they are in a safe place, where they can talk about their future and their aspirations. We fully explain what Throughcare is and how it can help them to plan a positive future while they are living with us at Rossie.

The young person will meet our Throughcare Worker

The young person will complete Throughcare Wellbeing Web

We will work with and support the young person to create a plan to move forward

We love to hear back from young people once they have moved on from Rossie



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We then ask the young person to complete a "Throughcare Web", which lets them know how we help them to feel safe, healthy, achieving, nurtured, active, respected, responsible and included. The web will also be completed at a later date as a method of tracking progress in each area.

We work with the young person to create a plan going forward through fun and engaging activities and opportunities.

We have a Throughcare Aftercare Facebook page, which has been developed specifically for young people who would like to get back in touch with us. We always love to hear from young people who have lived with us, and it's also an effective platform for young people to gain extra support and advice.

Transition Throughcare Web

Focusing on the SHANARRI indicators, the Transition Throughcare Web is used to develop the young person's Throughcare plan. Our young people complete the web before starting their Throughcare work.



This helps us know in what areas we need to help our young people, and a Throughcare plan is followed up to see the progress they have made for each indicator. It is an effective way to see in which areas our young people may need further support, either here at Rossie, or after they have moved back into their community. This is shared with Local Authorities and supports Pathway Planning.

We help our young people to complete a Playback Ice workbook relevant to their age and stage of learning. These books include: Life Skills, Independent Living, Rights and Responsibilities, Self Evaluation, Planning My Future and make up the main component of Throughcare sessions with the young people. The books are accredited for SQA's Scottish Credit Qualifications Framework (SCQF) at Levels 3 & 4. These books help promote our young people's personal development in life skills, increasing confidence, self-esteem and awareness, and improving their overall outcomes when moving on from Rossie.

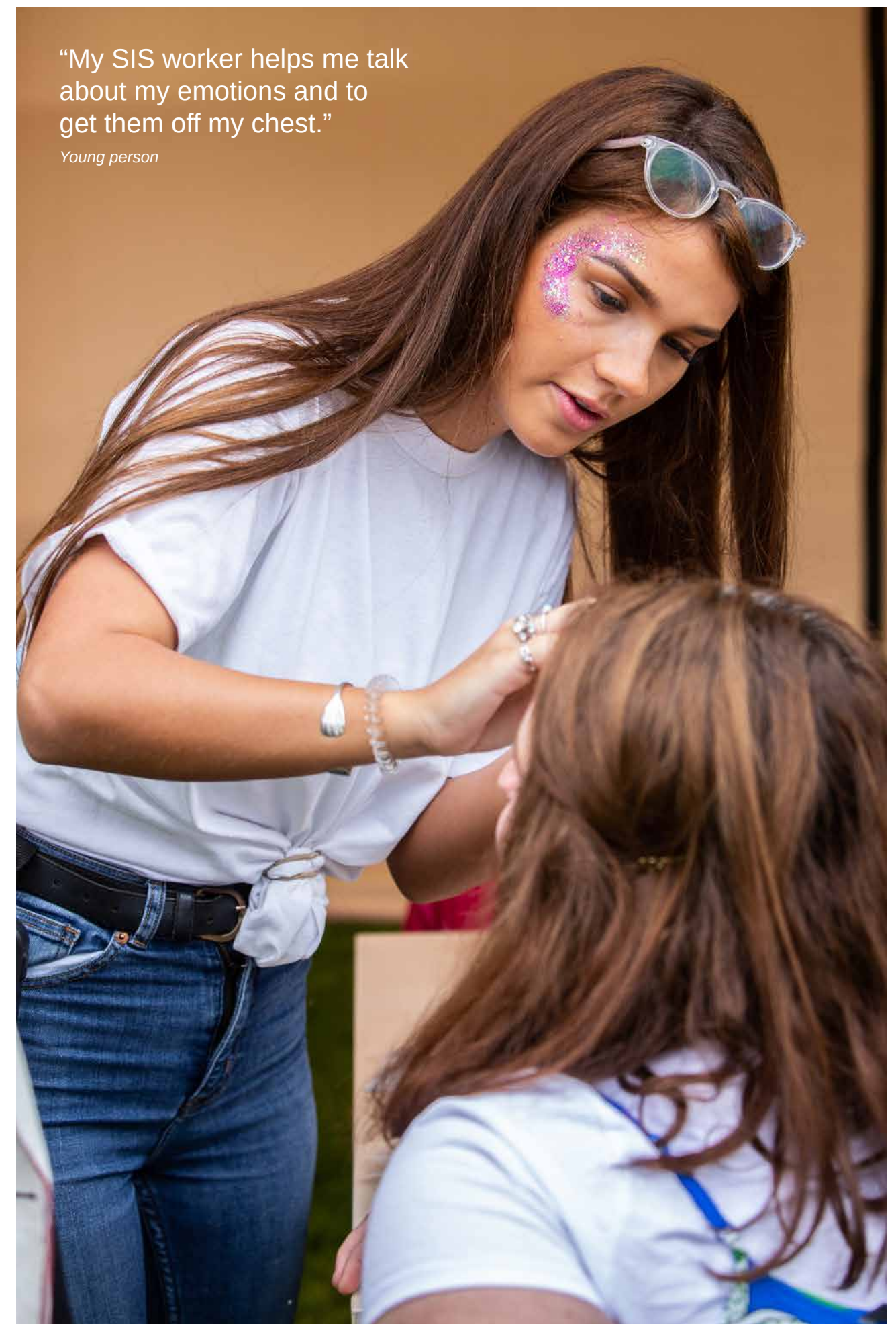


Engagement and Employability

We do all we can to increase opportunities for our young people. We work in partnership with various local and national organisations such as Skills Development Scotland, Saltire Awards, Voluntary Action Angus and Dundee and Angus College. These connections further increase opportunities, and enable our young people to celebrate their successes from when they first come to Rossie.

Through a partnership with the local council and Santander Bank, we support our young people to start up their own bank account – an aspect of life which some young people may find challenging without suitable identification. We also help them to apply for their Young Scot card when they come to Rossie.

All of our young people have a Throughcare folder, which will help them in their preparation for moving on from Rossie. The young person can add to their folder, building up materials that evidence their life skills, and the progress they are making. They can take this away with them when they move on from Rossie.



"My SIS worker helps me talk about my emotions and to get them off my chest."

Young person